



Re-opening Rules

1. Only come down to HGSRC if you have a pre-booked court. All courts must be pre-booked.
2. Do not come down to HGSRC, if you, someone you live with or someone you have had close contact with, has had symptoms of COVID-19.
3. You must always adhere to the government's social distancing guidelines
4. By booking a court, you and your opponent acknowledge you are playing at your own risk
5. We have left a 30 minute gap between bookings on a court. This is based on England Squash guidelines
6. A maximum of 8 people are allowed in the club at any one time, including a parent of a junior
7. The changing rooms will not be available. Please arrive at the club in your kit ready to play / do not change whilst at the club, except for your shoes.
8. Don't arrive to play more than 5 minutes before your booking
9. Every member must access the club from the outside door
10. For Track and Trace purposes, each member must use their access card to enter the club
11. If you have the NHS app, please scan the HGSRC QR code
12. Please bring anti-bacterial wipes with you to use when opening doors
13. Use the hand sanitiser when inside the club and anti-viral spray a piece of paper towel to wipe the door handle
14. The toilet and wash basin will be available. Please use the anti-viral spray before and after use.
15. You must bring your own racket and ball. It is recommended only one player handles the ball during the game.
16. Please bring a towel and full water bottle. The water dispenser will not be available
17. Please bring a small first aid kit in case of minor injuries
18. Take your bag and towel on court with you
19. Do not wipe your hands on the court walls. Use your towel to dry your hands and remove sweat
20. Wipe down any areas of the court where you have made a mark
21. Please leave the court promptly at the end of play
22. Please do not touch anything off court apart from entry/exit door, toilet/wash basin
23. Please leave the club within 5 minutes of finishing play
24. If you exhibit Covid-19 symptoms after attending the club, please notify a member of the committee immediately.
25. In the event of a Covid-19 case, we have an obligation to pass on your name and contact details to the authorities
26. At the moment, no group activity is permitted e.g. club nights, group coaching
27. Guests are allowed - their name and contact number must be entered as the opponent when booking the court
28. The normal game of squash/racketball can only be played by players from the same household or support bubble
29. Squash/racketball "Sides" can be played allowing two players from different households to play on the same court but observing social distancing for more information follow this link:
<https://www.englishsquash.com/backtosquash/way-to-play>
30. One to one coaching is allowed (with the coach on court with one club member but adhering to social distance ruling) or two members of the same household on court and the coach off court.